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Nutritional Therapy for Intestinal Diseases in Children

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Deadline for manuscript submissions:

19 September 2023

Message from the Guest Editors

Dear Colleagues,

There is a strict interrelation between nutrition and gastrointestinal function. The main role of the intestine is to digest and absorb nutrients necessary for living and longterm health. Thus, chronic gastrointestinal diseases frequently result in malnutrition. On the other hand, chronic malnutrition has a negative impact on digestion and intestinal absorption since food contributes to the functioning of digestive enzymes and absorptive cells. Finally, specific diets can induce or prevent gastrointestinal diseases, such celiac disease or dietary treatment in the induction of remission in patients with Crohn's disease. In conclusion, nutrition plays an important role in the management of many gastrointestinal diseases. All these aspects are especially important in children, both in health and disease, since their rapid growth and development adequate amounts and compositions of demand substrates crucial for growth, function, and well-being. I believe that all the articles presented in this Special Issue of Nutrients will contribute to better understanding and broadening the knowledge on the nutrition and diet in pediatric gastroenterology.









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